

*des lettres*

# autumnal

A SEASONAL E-ZINE BY SARAH RENÉE



listen | sip | wear | read | live

# well, hello!

and happy autumn...

Cozy, but not cold. Slow, but not frozen. Settling into the cooler months feels like the seasonal equivalent of remembering to drop your shoulders away from your ears.

Don't get me wrong, I love the sunshine, but there's a sweet relief to the return to comfy knitwear and fall layers, crunchy leaves and rainstorms, red wine and scary movies.

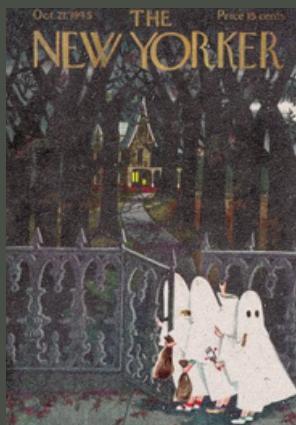
Autumn gives more permission to introvert, and I'm feeling this in the music I'm listening to, the outfits I'm reaching for, and the books I'm diving into.

In this edition of the des lettres seasonal e-zine you'll find a roundup of fall inspiration curated just for you including a playlist, a brand I'm coveting, a cocktail recipe, a book recommendation and a peek into a famous interior.

Take your time & enjoy.

x Sarah





*"Don't you love New York in the fall? It  
makes me want to buy school supplies.  
I would send you a bouquet of newly  
sharpened pencils if I knew your name  
and address."*

— You've Got Mail

# annual listen

1. This City - Sam Fischer
2. Dream a Little Dream - Eddie Vedder
3. Way of the Triune God - Tyler Childers
4. Hurt Feelings - Mac Miller
5. Hold Me While You Wait - Lewis Capaldi
6. Starlight - Dave
7. Leaning On You - HAIM
8. Mystery Lady - Masego, Don Toliver
9. Chasing Pavements - Adele
10. Moon River - Frank Ocean
11. Little Bit - Lykke Li feat. Drake
12. Dawns - Maggie Rogers, Zach Bryan
13. Godspeed - Frank Ocean
14. Only You - 112, Notorious BIG
15. The Bones - Maren Morris, Hozier
16. Heart of Gold - Bon Iver, Ilsey
17. Pray You Catch Me - Beyoncé



[click to listen on Spotify](#)

# sip fall blackberry smash



2 oz tequila, Mezcal, or gin  
1 handful of blackberries  
1-2 sprigs rosemary  
1/2 lemon, juiced  
1-2 TBSP honey  
sugar or salt to rim glass  
orange bitters  
sparkling water

1. In jar or cocktail shaker, muddle berries, lemon juice, honey. Add orange bitters and tequila.
2. Rim glass with sugar or salt. Add ice.
3. Strain drink over ice into glass, add more ice to taste, then add sparkling water.
4. Garnish with rosemary.

Enjoy my take on Half-Baked Harvest's Black Widow Smash cocktail. Or, if this feels energetically incompatible with your Friday evening, pour your favourite glass of red as I often do.

See the original cocktail recipe on the Half-Baked Harvest website by [clicking here](#)





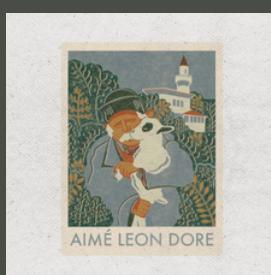
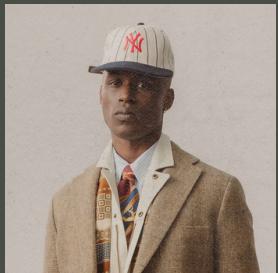
*"Autumn shows us how beautiful it is to  
let things go."*

— Unknown

# wear aimé leon dore

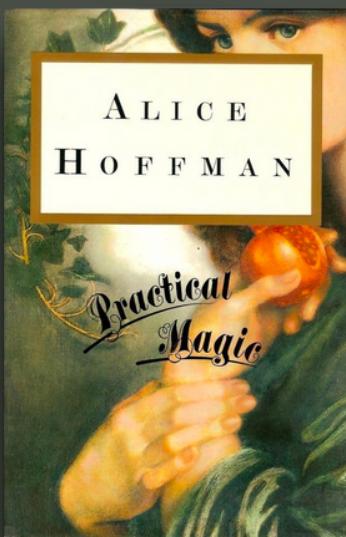
I'm deeply obsessed with New York fashion and lifestyle brand Aimé Leon Dore. From editorial photography to the ALD café to the unique NY Mets cap colourways, this brand is a mood.

Read more [here](#) and explore their website [here](#).





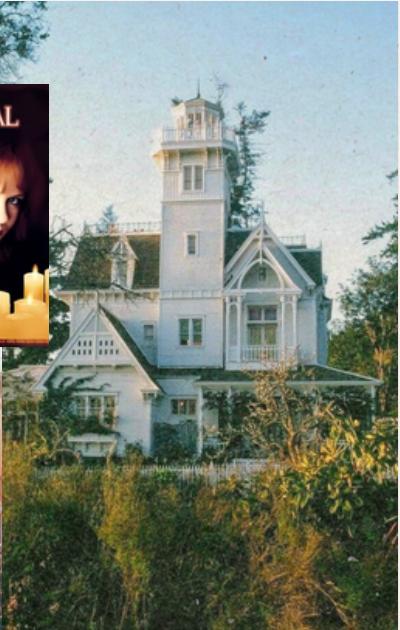
Join me in reading this witchy classic this season. Though I'm aiming to have it read by Hallowe'en so I can rewatch the film on the 31st, I know this novel and its sequels will hold up throughout the colder months.



*practical magic*  
by alice hoffman

read

# the Owens'



Okay, so the Owens sister's Practical Magic home isn't real, but the set design and creative construction of a 'shell' home for filming really sets the mood anyways, don't you think? The Victorian architecture, cozy eclectic interior, and rambling gardens equate to my PNW dream witch house.



Explore [here](#) and [here](#), for the original stories and photographs. Also, [this](#) and [this](#) 😊

• live  
•

# thank you

Thank you for reading this autumnal e-zine. I hope it inspired you to slow down and appreciate the beauty of the season.

If you enjoyed these pages, I'd love to invite you to explore my closet, follow along on Instagram, or subscribe to my Substack publication des lettres by tapping the links below.



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