



des lettres

SUMMER ON MY MIND

A SEASONAL E-ZINE BY SARAH RENÉE

Playlist | Cocktails | Coffee | Books | Interiors



welcome

Welcome, my friend!

This is a re-release of the first issue of the seasonal e-zine that I hope to bring to you throughout each year.

As I write this at the days finally warm up, summer is on my mind and feels at the tip of my fingertips. Last year, though I longed to revel in what felt like the first 'normal' times in years here in Vancouver, I ended up moving and missing out. This year, I plan to make up for it and enjoy each magical summer moment.

In this edition, I'm sharing a fun summer playlist, a fruity cocktail recipe, a sweet way to enjoy your morning coffee, and a featured famous interior.

Enjoy!

x Sarah



playlist

summer on my mind

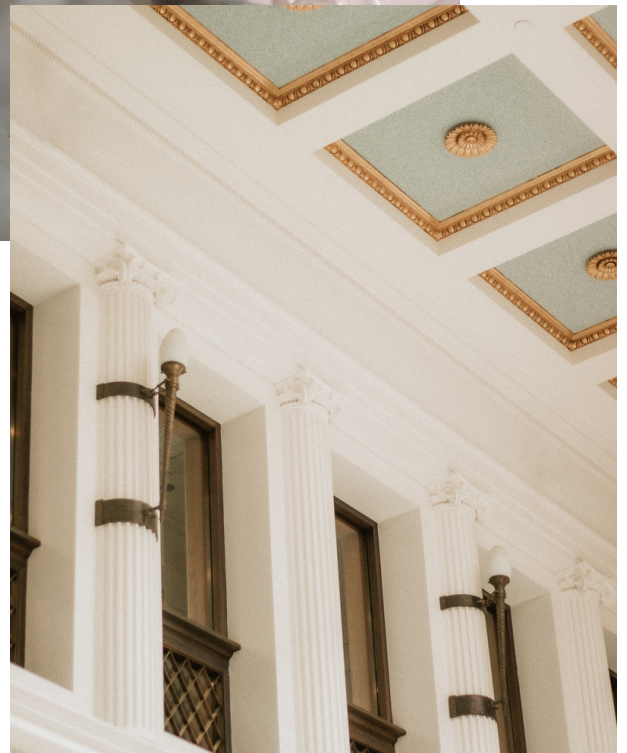
1. July - Noah Cyrus
2. Tadow - Masego, FKJ
3. The Bird - Anderson .Paak
4. Strangers - Mt. Joy
5. The Less I Know the Better - Tame Impala
6. The Woman in You - Ben Harper
7. Dream Girl Evil - Florence + The Machine
8. The Chain - Fleetwood Mac
9. Shadowboxer - Fiona Apple
10. Halah - Mazzy Star
11. Either Way - Wilco
12. Pretty (Ugly Before) - Elliott Smith
13. (Sittin' On) the Dock of the Bay - Otis Redding
14. Dreams - Fleetwood Mac



[Click to Listen on Spotify](#)

cocktail

the paloma



The paloma is a summer favourite of mine. Substituting grapefruit for lime, it packs slightly more flair than a typical margarita. To make my go-to recipe: Rim your favourite cocktail glass with coarse salt and fill the glass with ice. Add 2 oz of blanco or reposado tequila and generous squeeze of lime juice. Top off with grapefruit soda (my favourite is Jarritos) and garnish with a slice of lime.

coffee

café cubano



Admittedly, I was inspired to try a Café Cubano because of [this Tik Tok video](#).

While I love a strong, bitter coffee, the summer months call for the indulgence of a little sugar. For a simple work morning cuppa, simply add brown sugar to your ground coffee, and pull an espresso shot as you usually would.

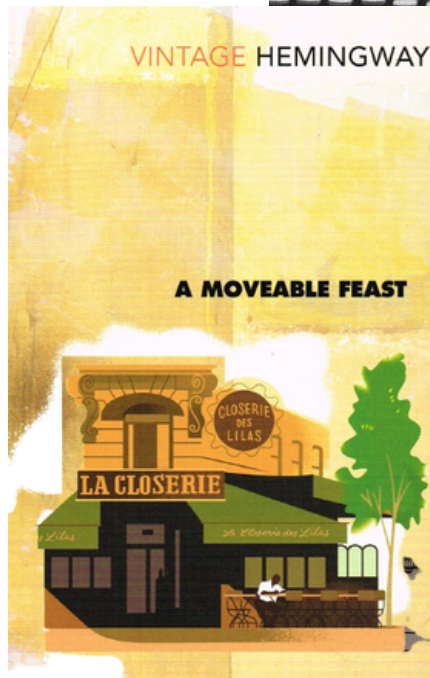
The result is a slightly-sweetened, simple brew. I love to top it off with a frothed milk, but if you have a few extra minutes go ahead and make your own sweet crema (cream). ([Click here](#) for the more complex recipe I enjoyed on a Sunday morning.)

reading

a moveable feast

A Moveable Feast by Ernest Hemingway strikes me as the perfect read for the summer of 2022. The book of essays includes the same brutal elegance of Hemingway's fiction prose, but features true recollections of his time in Paris with first wife Hadley in the 1920s.

Hemingway's "lost generation" as coined by Gertrude Stein also feels fitting for post-Covid Millennial life. For while Hemingway and his contemporaries were carefree with their words and strolls along the Seine, they, too, were fresh out of a period of darkness, unknowingly and hurtling towards another.



"You are all a lost generation."

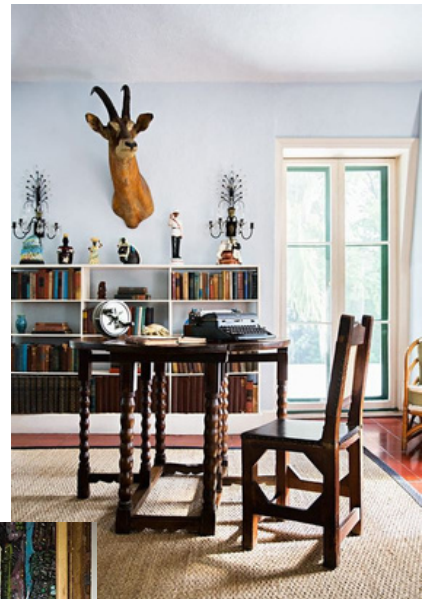
—GERTRUDE STEIN *in conversation*

"One generation passeth away, and another generation cometh; but the earth abideth forever . . . The sun also ariseth, and the sun goeth down, and hasteth to the place where he arose . . . The wind goeth toward the south, and turneth about unto the north; it whirleth about continually, and the wind returneth again according to his circuits. . . . All the rivers run into the sea; yet the sea is not full; unto the place from whence the rivers come, thither they return again."

—Ecclesiastes

hemingway house

interior



Fittingly, this season's featured home is [Hemingway House in Key West, Florida](#). Consider Florida and (at least in my imaginings) you may think of dramatic maximalism and tropical poolsides. But Hemingway House, the Colonial purchased in 1931 by Hemingway and his second wife Pauline Pfeiffer, perfectly marries eclecticism, colour, and simplicity.

Read [this Domino article](#) and swoon over the salvaged gate-turned-headboard, wraparound balcony with canary-yellow shutters, and, of course, the writer's studio. Naturally, though, interiors aside, the pièce de résistance of this estate is [the six-toed cats](#).

thank you



Thank you for reading this seasonal e-zine. I hope it inspired you to slow down, look around, and appreciate the beauty of the season.

If you enjoyed these pages, I'd love to invite you to explore my closet, follow along on Instagram, and subscribe to my newsletter.

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